

# ALL RECIPES - The Animal-Based Comfort Food Cookbook

## SAUCES AND DIPS

- \*Lime & Cilantro Guacamole
- Pumpkin Marinara
- Olive Dip
- Apricot Ketchup
- Cheese Foam
- Immersion Mayo
- Blueberry Rosemary Vinaigrette

## DRINKS

- Honey Italian Soda
- Lemon Fizz
- Sea Salt Caramel Hot Toddy
- Maple Egg Cream
- \*Rice "Coffee"
- Mango Lassi
- Cucumber Nojito
- Zchampagne

## BREAKFASTS

- Banana Flour Pancakes
- Chaffles
- Easy Breakfast Casserole
- French Omelette
- Frittata
- Hot Rice Porridge
- Liver Berry Shake
- Love Offal Sausages
- Marrow Custard
- N' oatmeal
- Parsnip Hash Browns

## SOUPS & STEWS

- Bone Broth
- Butternut Tallow Soup
- Clam Chowder
- Connective Chili
- Cream of Chicken Soup

Fish Stock  
Pumpkin Bacon Bisque  
Shrimp Bisque

## SNACKS

Beef Tartare  
Churro Crunch  
Chicken Liver Pate  
Date Bombs  
Meat Rolls  
Parsnip Crisps  
Philly Salmon Bites  
Plantain Fries  
Roasted Bone Marrow  
Salmon Sardine Salad  
Shrimp Scampi  
Teriyaki Chicken Hearts  
Zucchini Fritters

## MAIN COURSES

Bacon Cheeseburger Meatloaf  
Bacon-Wrapped Shrimp  
Brined Lunch Meat  
Chai-yaki Chicken Wings  
Chicken Apple Sausage  
Chicken Nuggets  
Chili Mac  
Crabby Cakes  
Deli Salad  
Haggis  
Happy Family Stir Fry  
Instant Pot Brisket (slow cooker option)  
Kidney Kabocha Pie  
Meat Za  
Oven Ribs  
Oysters Raw-kefeller  
Pesto Beef-Stuffed Sweet Potatoes  
Salmon Patties  
Steak Fingers with Ranch Dip  
Stroganoff Skillet  
Stuffed Butternuts  
Sushi Bowl  
Tongue Tacos

## SIDES

Cucumber Melon Salad  
Spiral "Noodles"

Tallow Roasted Dill Carrots  
Cilantro Lime Plantain Rice  
Parsnip Puree  
Roast Delicata Squash  
Zucchini Coins  
Roasted Spaghetti Squash  
Carrot Raisin Salad  
Broiled Grapefruit

## DESSERTS

Apple Crumble  
Avocado Sherbert  
Baked Pears  
Bananas Foster  
Berry FroYo Bites  
BFE (Banana Fat Egg) Shake  
Frozen Latte  
Fruit Leather  
Ice Cream  
Panna Cotta  
Peppermint Bark  
Pineapple Chews

## EXTRAS

Cornless Bread  
Fermented Carrots  
Fridge Pickles  
Ground Meat Bread  
Plantain Tortillas  
Sauerkraut  
Sole Water  
Squash Cheese  
Tallow  
Yogurt